**Guided Lecture Notes, Chapter 8, The Long-Term Care Resident**

### Learning Objective 1. Discuss why the number of people 65 years and older living in the United States is increasing and the effect this could have on the long-term care industry. (Refer to **PowerPoint slides 2 to 7**.)

### Identify the statistics for long-term care admission for those over the age of 65 and for the oldest old.

### Discuss the advances in health care that are making people live longer.

### Discuss the improved care of the resident with acute, chronic, and degenerative diseases.

### Discuss the impact of the increase in long-term care admission on the industry.

### Have learners refer to learning activities located at the end of the chapter.

### Learning Objective 2. Explain why a person might need long-term care. (Refer to **PowerPoint slide 9**.)

### Discuss the lingering effects of an acute illness leading to long-term care admission.

### Discuss the need for continuous monitoring and treatment for one or more chronic conditions.

### Discuss the need for assistance in meeting physical needs as a result of a degenerative condition.

### Discuss the safety of long-term care for a resident who was no longer safe at home.

### Have learners refer to learning activities located at the end of the chapter.

### Learning Objective 3. Identify the expected length of stay for someone in long-term care. (Refer to PowerPoint slides 10 and 11.)

### Discuss and give examples of both the short- and extended-stay admissions.

### Have learners refer to learning activities located at the end of the chapter.

## Learning Objective 4. Describe the challenges a person may face when admitted to a long-term care facility. (Refer to PowerPoint slide 13.)

### Discuss the impact of a long-term care placement that is not planned on by the resident.

### Discuss coping with multiple losses and the role of the nursing assistant when assisting the resident to cope.

### Discuss the fear, anxiety, and loss of independence that the resident may experience and what the nursing assistant may do to assist the resident to cope.

### Have learners refer to learning activities located at the end of the chapter.

### Learning Objective 5. Describe the challenges a family may face when one of its members comes to live in a long-term care facility. (Refer to PowerPoint slide 14.)

### Discuss the stressors related to the necessity of the long-term care admission for the family.

### Discuss how the nursing assistant may help the family struggling with a sudden change in the resident’s condition.

### Discuss family conflict and how the nursing assistant can help the family without becoming part of the conflict.

### Discuss the changing family roles that may occur as the result of a long-term care admission.

### Have learners refer to learning activities located at the end of the chapter.

### Learning Objective 6. Explain how chronic illness can affect a person. (Refer to **PowerPoint slide 16**.)

### Discuss changes in the perception of the resident with a chronic illness by others.

### Discuss the impact of long-term medication usage on the resident with a chronic illness.

### Discuss lifestyle changes that may impact the resident with a chronic illness, give examples of chronic illnesses, and have the students discuss probable lifestyle changes.

### Discuss chronic pain and the impact that it may have on the lifestyle of the resident with a chronic illness.

### Have learners refer to learning activities located at the end of the chapter.

Learning Objective 7. List reasons why a younger person might become a resident of a long-term care facility and some of the special considerations to take into account for their care. (Refer to PowerPoint slides 18 and 19.)

### Discuss the reason that the younger person with physical disabilities, traumatic injuries, and developmental disabilities may be admitted into a long-term care facility.

### Discuss the adjustment process for the younger resident and ask the students to give examples of how they may help the younger resident to adapt.

### Discuss how the younger resident may act out to gain control and coping mechanisms that the nursing assistant may use to assist the younger resident and themselves to adapt.

### Discuss sexuality and the need for intimacy for the younger resident.

### Have learners refer to learning activities located at the end of the chapter.

### Learning Objective 8. Explain the importance of quality of life for long-term care and how assisting with activities helps to promote it. (Refer to **PowerPoint slides 21 and 22**.)

### Discuss how OBRA protects the quality of life for the residents.

### List various factors which can contribute to the quality of life on a flip chart or whiteboard.

### Encourage each learner to share which activity they would prefer to engage in to maintain their quality of life.

### Invite the Activities Director or Therapeutic Recreation director from a local facility to come and share with the class the types of activities they provide for the local residents.

### Arrange for the students to spend an afternoon at a local facility interacting with the residents with their activities.

### Have learners refer to learning activities located at the end of the chapter.