**Discussion Topics, Chapter 32, The Cardiovascular System**

| Topics for Discussion | Learning Objectives |
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| 1. You are a 30 year old with no chronic health problems. As a nursing assistant, you have learned about the cardiovascular system and the disorders that can occur.   1. What will you expect will happen to your cardiovascular system as you age? 2. How can you diminish the effects of aging on your cardiovascular system? | 3, 4 |
| 2. Mr. Barnes has been admitted to the cardiac rehabilitation unit where you work. You are aware that they have coronary artery disease and are recovering from a heart attack. Mr. Barnes is a two pack—-per—-day smoker. They are 5 ft 10 in tall and weigh 290 lb. They have been ordered an electrocardiogram.   1. What is coronary artery disease, and what two complications can result from it? 2. How would you answer Mr. Barnes when they ask what an electrocardiogram is? | 5, 6 |