# **Discussion Topics, Chapter 25, Assisting With Urinary and Bowel Elimination**

| Topics for Discussion | Learning Objectives |
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| 1. Pauline White is 82 years old. They have dementia as well as congestive heart failure. They are a chronic user of laxatives, and often require a laxative in order to have a bowel movement. You have been assigned to care for them today, and when you are helping them wash up and dress for breakfast, they hold their abdomen and groan. You note their abdomen is swollen. In report, you were told that they had not had a bowel movement for 3 days and was given a laxative with no results. After breakfast, you find that they are oozing stool from their anus. You are unable to wipe them clean.   1. What chronic and acute problems does Pauline have, and what are the risk factors for their development? 2. What measures could be taken to relieve Pauline of their acute and chronic bowel problems, and how will you assist with these measures? | 8, 9, 10, |
| 2a. Michelle Sumpter is a 78-year-old woman. They have returned to the health care center from the hospital where they had surgery for a fractured hip. Michelle is incontinent of urine and comes back with an indwelling urinary catheter that will remain in place until their incision heals. You are assigned to care for them.   1. What are your responsibilities for the care and management of this urinary drainage device? 2. What observations regarding urinary elimination will you make while caring for Michelle? | 4, 6 |