**Discussion Topics, Chapter 30, The Musculoskeletal System**

| Topics for Discussion | Learning Objective(s) |
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| 1. Mrs. Mossberg is a new resident at Lincoln Hills Nursing Home. They are an 85-year-old white female with osteoporosis recovering from a fractured hip following a fall at home. Mrs. Mossberg is a very small, frail woman who smokes a half pack of cigarettes each day. As a young girl, they spent time during the war in a concentration camp in Poland and suffered from malnutrition.   1. What are some risk factors Mrs. Mossberg has for the development of osteoporosis? 2. What measures will you take while caring for them? | 5, 6, 7 |
| 2. Mr. Downing has suffered a stroke that resulted in left arm and leg weakness. You are responsible for their range—-of—-motion exercises.   1. How would you explain what range—of—motion exercises are for? | 8 |