**Discussion Topics, Chapter 35, The Endocrine System**

| Topics for Discussion | Learning Objectives |
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| 1. Belinda Biloxi returns to the nursing home after having knee surgery. They are receiving insulin shots every morning. For the past 2 days, you document and report to the nurse Belinda’s failure to show improvement in their appetite. You know they must eat enough to avoid the complication of hypoglycemia.   1. What signs and symptoms would you be observing for that would indicate they might be getting too much or too little insulin? 2. What complications of diabetes might affect the outcome of Belinda’s surgery? | 6, 7 |
| 2. Virginia is a 72-year-old resident of Pine Valley Nursing Home. They were recently diagnosed with hypothyroidism, and were started on medications last week. They have had many signs and symptoms of hypothyroidism. You are assigned to their care, and the nurse asks you to observe them for any changes.   1. What observations should you make to help the nurse determine if their medication is effective? 2. What special care needs does Virginia have? 3. How does their age affect their thyroid? | 5, 6, 7 |