**Discussion Topics, Chapter 23, Grooming**

| Topics for Discussion | Learning Objective(s) |
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| 1. Mary Lee is a 45-year-old woman diagnosed with diabetes and disabled by multiple sclerosis. She was diagnosed with MS 10 years ago when she was active in her career as a women’s clothing designer. She is married and has two grown daughters, one about to be married. You are assigned to assist her in taking her biweekly shower.   1. What are some factors that might influence her grooming practices? 2. Discuss how you might assist her in her grooming activities. 3. Are there any special considerations regarding her foot care? | 1, 2, 4, 5, 6, 7, 9, 10 |
| 2. Gladys Moritz is bedridden following a stroke that has left her with complete paralysis of the right side of her body. You are assigned to care for Gladys’ hair.   1. What methods for shampooing Gladys’ hair could you consider using? 2. What common conditions should you observe for while shampooing her hair, and what is done to treat these conditions? | 6, 7 |