**Discussion Topics, Chapter 16, Basic First Aid and Emergency Care**

| Topics for Discussion | Learning Objective(s) |
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| 1. It is Labor Day, and your whole family is reunited for a picnic at a nearby park. Your Uncle Joe has been having a wonderful time playing tag with his three grandchildren. Later you notice he is sitting down and seems to be having trouble breathing. His skin is ashen gray, and he is sweating profusely. When you approach him, he laughs and says, “That picnic food has sure given me some real bad heartburn.” You are a nursing assistant trained in emergency care and basic first aid.   1. Uncle Joe may be showing common signs of what condition? 2. What actions would you take to assist Uncle Joe? | 1, 2, 3 |
| 2. You are working at the Brielle Assisted Living Center for the Developmentally Disabled. Shirley is a 16-year-old resident who enters the dining room to ask you a question, when suddenly her body starts to jerk violently, and she begins to fall to the floor.   1. What do you think is happening to Shirley, and how will you respond? 2. When Shirley is finally still, what actions will you take? | 1, 2, 6 |
| 3. Mr. Smith has cut his wrist and it is spurting bleeding.   1. What do you do to help him? 2. What life-threatening situation is he at risk for? | 1, 7, 8 |
| 4. Mrs. Smith is sitting at the dining room table when you notice her holding her hands to her throat and while appearing to be trying to talk, she is making no sounds.   1. What do you think is happening to Mrs. Smith? 2. What can you do to help her? | 1, 2, 9 |