**Discussion Topics, Chapter 41, Caring for People With Mental Illness**

| Topics for Discussion | Learning Objective(s) |
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| 1. Your grandmother died 2 months ago. You have visited your Norwegian grandfather once a week since then. Lately your grandfather says they are “not my usual self,” and has made comments about wanting to “go and be with Grandma.” You think they might not be coping well with the loss of your grandmother.   1. What are some observations you might make that indicate your grandfather is failing to cope with this loss? 2. What is of concern to you about the comments they have been making? 3. What treatments are available to help them? | 3, 4, 5, 6, 7 |
| 2. Tim is a young man with the diagnosis of schizophrenia. They were admitted to the hospital for treatment of pneumonia. While you were caring for them this morning, they watched everything you did very closely. Now you have returned to their room with their breakfast tray. When you first enter the room, they are talking animatedly to someone you cannot see, and they become very frightened when they see you. They yell at you, “Take that terrible stuff away. You’re trying to kill me!”   1. What might be some explanations for Tim’s unusual behaviors? 2. What are some ways you might respond to Tim’s behavior? | 4, 6, 8 |
| 3. You notice that a friend who has recently divorced has become more irritable and sadder than usual. They often cry and rarely want to go out with friends anymore. You believe that They are depressed and not handling the stress of their divorce very well.   1. What would you suggest they do to help manage their stress? | 3, 5 |