# **Discussion Topics, Chapter 24, Basic Nutrition**

| Topics for Discussion | Learning Objectives |
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| 1. Marie Bradway is 26 years old. They are paralyzed from the neck down following a diving accident, and has been placed in your facility for long-term care. They are totally dependent on others to meet all their needs. They remain in bed most of the day by choice, but are placed in a wheelchair for lunch and dinner. They, along with others like them, is placed in the “feeders” area of the dining room. Marie is quite tearful at times, and very often refuses their meals saying, “I’m just not hungry.”   1. What are some factors that might be affecting Marie’s nutritional intake? 2. How can you help Marie improve their nutrition? | 4, 6 |
| 2. Mrs. Elizabeth Barker, a 67-year-old patient with poorly controlled diabetes, has been discharged from the hospital to their home following surgery to remove the toes of their right foot. You are the home health aide assigned to care for them on a daily basis. You are to help them with their personal hygiene and grooming, and you are to prepare their lunch. Mrs. Barker has open wounds at the amputation sites that are slow to heal, and the nurse comes every morning to do a dressing change.   1. What nutrients would Mrs. Barker require that specifically aid in the healing of their incisional wounds? 2. Keeping these nutritional needs in mind, what foods would you consider including in their lunch? | 2, 3, 5 |
| 3. You are assigned a resident whose fluid intake must be recorded.   1. What is your responsibility regarding monitoring the resident’s intake and output? 2. What is your responsibility regarding the recording of this information? | 9, 10 |