**Assignments, Chapter 25, Assisting With Urinary and Bowel Elimination**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 25 of *Lippincott Workbook for Nursing Assistants*. | 1–12 |
| Assignment #2. Write a short essay describing your family’s attitude toward urinary and bowel elimination, and the words used to describe them. Understand that persons you care for will use many different words for these bodily functions. | 2 |

| Group Assignments | Learning Objective(s) |
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| Assignment #1. Watch demonstrations and practice the procedures in Chapter ~~24~~ 25 using the procedure check-off lists in *Lippincott Workbook for Nursing Assistants*. | 5, 6, 11, 12 |
| Assignment #2. Discuss as a group, the options nursing assistants can take to promote normal urinary and bowel elimination when caring for persons in a health care setting. | 3 |
| Assignment #3. Discuss the five types of urinary incontinence and what methods you can use to assist people who are incontinent of urine. | 7 |
| Assignment #4. Look at samples of enema kits provided by your instructor. Discuss why they are used, and the effects of each type. | 10, 11 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. Watch Module 10 of *Lippincott Video Series for Nursing Assistants*, “Assisting With Urinary and Bowel Elimination.” This reviews the procedures for assisting with the use of bedpans and urinals, providing catheter care, emptying urine drainage bags, and measuring urine output. The video discusses the role of the nursing assistant in caring for people who are incontinent along with the products that are used to manage incontinence and the technique of bowel and bladder training. Special emphasis is placed on the importance of empathy and good skin care. | 1–11 |
| Assignment #2. While assisting residents or patients in the clinical area with urinary and bowel elimination, report any observations the nurse should be made aware of and document in the appropriate location in the medical record. | 4, 7, 9 |
| Assignment #3. Care for a resident or patient in the clinical area with an ostomy. Provide ostomy care and document and report significant observations to the nurse. | 12 |

| Web Assignments | Learning Objective(s) |
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| Assignment #1. Search the web for statistics showing infection rates among those with urinary catheters. Share your web site and information with the rest of the class. | 6 |
| Assignment #2. Search the web for information on different methods used for bladder training. Share your web site and information with the rest of the class. | 7 |