# **Assignments, Chapter 10, Communicable Disease**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 10 of *Lippincott Workbook for Nursing Assistants*. | 1-5 |
| Assignment #2. Observe for habits and practices that can cause the spread of infection at your school and in the community. Examples to look for might include:   * Failure to wash hands after using the restroom * Failure to cover mouths and noses with tissue when coughing or sneezing * Failure to wash hands before eating * Pants legs dragging on the floor * Putting shoes up onto furniture | 4, 5 |

| Group Assignments | Learning Objective(s) |
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| Assignment #3. Read the following infection control guidelines and give the rationale for each one, as well as an example of what could happen if the guideline was not followed.   1. Wash hands after contact with any body fluid or substance, whether it is your own or another person’s. 2. Wash hands frequently, especially after using the bathroom; before handling food, drink, or eating utensils; and before and after any contact with a patient or resident. 3. Cover mouth or nose with a tissue when coughing or sneezing, and teach your patients and residents to do the same. 4. Dispose of tissues properly by placing them in a waste container. 5. Provide each patient or resident with individual personal care items, such as toothbrushes, drinking glasses, towels, washcloths, and soap. 6. Keep contaminated or dirty items, such as soiled linens, away from your uniform. 7. Do not shake linens when making beds. 8. Dispose of trash properly. Follow established procedures for preparing dirty linens and clothing for the laundry. 9. Maintain good personal hygiene and help your patient or resident to do the same; bathing, washing hair, brushing teeth, and wearing clean clothing. | 4 |