**Assignments, Chapter 32, The Cardiovascular System**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 32 of *Lippincott Workbook for Nursing Assistants*. | 1–6 |
| Assignment #2. Diagram correctly the flow of both the pulmonary and systemic circulation and label related structures. | 1 |
| Assignment #3. Examine your own heredity and habits. Write down the risk factors you have for developing cardiovascular disease. | 4, 5 |

| Group Assignments | Learning Objective |
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| Assignment #1. Divide into pairs. Using a stethoscope, auscultate your partner’s apical pulse and listen for the sounds “lub” and “dub.” Identify what these sounds represent. | 2 |
| Assignment #2. Divide into five groups. Each group will be given the name of a venous disorder and will detail the cause, signs, and symptoms to the rest of the class. | 5 |

| Clinical Assignment | Learning Objective |
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| Assignment #1. While preparing to care for your patients or residents, tell your instructor what you will be observing for regarding the functioning of the cardiovascular system. While caring for your patients or residents, observe for these signs and symptoms and report them immediately to the nurse and to your instructor. | 5 |

| Web Assignment | Learning Objective |
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| Assignment #1. Research the recommendations found in the “heart-healthy” diet. The class will plan a potluck meal with each student providing a “heart-healthy” dish and the recipe to share with classmates. | 4 |