**Assignments, Chapter 22, Cleanliness and Hygiene**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 22 of *Lippincott Workbook for Nursing Assistants.* | 1–5, 7-8, 10–13 |
| Assignment #2. Without referring back to your text, list the specific times throughout the day when routine activities are carried out in many health care facilities, and what those activities are. | 2 |

| Group Assignment | Learning Objective(s) |
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| Assignment #1. In the lab, observe the instructor’s demonstrations and practice the procedures in Chapter 22 using the procedure check-off lists in *Lippincott Workbook for Nursing Assistants*. Divide into small groups and perform the skills on each other or on mannequins. Remember to use gloves for infection control and to test the water temperature before using. Change gloves as needed throughout the procedures to keep from contaminating clean parts of the body or side rails. Perform the procedures safely. | 6, 9, 13 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. Watch Module 7 of Lippincott Video Series for Nursing *Assistants*, “Cleanliness and Hygiene.” This module reviews the procedures for providing oral care for a person with natural teeth, a person with dentures, and an unconscious person, providing male and female perineal care along with procedures for assisting a person with a shower, tub bath, or complete bed bath. | 5, 6, 10–13 |
| Assignment #2. Practice the proper procedure for cleaning and storing dentures. Perform this procedure in your clinical area and document the care in the appropriate location in the medical record. | 6 |
| Assignment #3. Practice the procedures for performing male and female perineal care. Perform these procedures in your clinical area and document the care in the appropriate location in the medical record. | 9 |

| Web Assignment | Learning Objective(s) |
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| Assignment #1. Search the web for information on hygiene practices throughout history in different cultures. Share your information with the class. | 3 |