**Assignments, Chapter 41, Caring for People With Mental Illness**

| Written Assignments | Learning Objectives |
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| Assignment #1. Complete Chapter 41 of *Lippincott Workbook for Nursing Assistants*. | 1–8 |
| Assignment #2. Write a short essay about how persons with mental illness are characterized and include stigmatizing attitudes of the general public toward those with mental illness. | 4,5,6,7 |

| Group Assignment | Learning Objective |
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| Assignment #1. Divide into groups. Each group will be assigned one or two defense mechanisms to act out or describe. The group that correctly guesses the most mechanisms wins. | 3 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. Prior to caring for new patients or residents, recognize that alcohol is the substance most often abused by older people. Review signs and symptoms of withdrawal with your instructor that should be reported to the nurse immediately. While caring for a new patient or resident, observe for these signs and symptoms. | 7,8 |
| Assignment #2. With your class, visit a health care facility that provides care to people with mental illnesses. Observe and list characteristics that people with mental illness display. Also during the visit, observe how members of the health care team assist a person with mental illness. | 6–8 |
| Assignment #3. A mental health nurse will speak to your class about mental illness, the care and treatment methods currently being used, and the communication techniques used by nurses and nursing assistants when caring for persons with mental illness. | 8 |

| Web Assignment | Learning Objective |
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| Assignment #1. Research the latest treatment and success rates for one of the following mental illnesses: panic disorder, obsessive-compulsive disorder, depression, schizophrenia, bipolar disorder, anorexia nervosa, or bulimia nervosa. | 5, 6 |