**Assignments, Chapter 23, Grooming**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 23 of *Lippincott Workbook for Nursing Assistants.* | 1–10 |
| Assignment #2. Write a short essay on the following topic: What do you do each day to get ready to face the world? On days when you have not been able to complete your normal routine, how have you felt? What grooming product can you absolutely not live without? Why do you feel this way about this particular product? | 1–10 |

| Group Assignments | Learning Objective(s) |
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| Assignment #1. In the lab, observe the instructor’s demonstrations and practice on each other the procedures in Chapter 23 using the procedure check-off lists in *Lippincott Workbook for Nursing Assistants*. | 4, 5, 6, 7, 9, 10 |
| Assignment #2. Divide into two groups. One group will list all the observations that should be made when doing hand care. The other group will list all the observations that should be made when doing foot care. Share the results between the groups. | 2, 4 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. Watch Module 8 of *Lippincott Video Series for Nursing Assistants*, “Grooming,” which reviews the procedures for assisting a person with dressing and undressing, combing the hair, shampooing the hair in bed, shaving a man’s face, and assisting with hand and foot care. Because caring for eyeglasses and inserting an in-the-ear hearing aid are often a part of a person’s daily grooming routine, these procedures are reviewed as well. | 1–10 |
| Assignment #2. A beauty salon stylist who comes to the clinical facility will speak to the class about his or her role in helping to care for residents and discuss the benefits of performing this work. | 6-10 |
| Assignment #3. A podiatrist will discuss with the class proper foot care, especially for elderly and diabetic people. | 2–4 |
| Assignment #4. Practice and perform grooming procedures on residents in your clinical area. Document the care given in the appropriate location in the medical record. | 4, 5, 9 |

| Web Assignment | Learning Objective(s) |
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| Assignment #1. Search the web for information on diabetic foot care and the effects of diabetes on the feet. | 3 |