**Assignments, Chapter 35, The Endocrine System**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Complete Chapter 35 of *Lippincott Workbook for Nursing Assistants*. | 1–8 |
| Assignment #2. Write a short essay about the increase in the numbers of persons today with type 2 diabetes, and explain the reasons why this is occurring. | 6 |

| Group Assignments | Learning Objective(s) |
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| Assignment #1. Divide into small groups for competition. The instructor will provide each group with a copy of the Figure 34-1 from the textbook minus the names of the various endocrine glands. Label each one and make a list of the hormone(s) each gland secretes. Race to see which group completes this first. | 1, 4 |
| Assignment #2. Discuss the treatment for diabetes, including features of the diet, the importance of exercise, medications, and monitoring of blood glucose. | 7, 8 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. The nurse who specializes in patient education at the clinical agency will speak with your class regarding what is taught to people with diabetes about how to manage their disorder. | 6, 7 |
| Assignment #2. Prior to caring for diabetic patients or residents, review with your instructor those observations that should be reported right away to the nurse. Care for your patients or residents and report any of those observations immediately to the nurse and to your instructor. | 7, 8 |

| Web Assignment | Learning Objectives |
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| Assignment #1. Research an endocrine disorder of your choice and prepare a short report. Include probable causes of the disorder, signs and symptoms, treatment methods, and what the nursing assistant should observe for when caring for people with the disorder. | 6, 7 |