# Answers to Questions in the Workbook, Chapter 23, Grooming

**Activity A CHOOSE THE RIGHT ANSWER**

* 1. X
  3. X
  4. X
  5. X

**Activity B SHORT ANSWER**

Personal grooming practices are influenced by:

a. Cultural and religious beliefs

b. Upbringing

c. Current fashion

d. Level of income

e. Feelings of a patient or resident about their own gender and sexuality

**Activity C MULTIPLE CHOICE**

1. c. A disoriented or comatose person’s fingernails should be kept smooth and short.

2. d. All of the above.

3. c. During or immediately following a bath

4. b. The podiatrist

5. b. Trim or file corns or calluses

**Activity D CROSSWORD**

ch18-D

**Activity E SHORT ANSWER**

While you assist Mrs. Solis with foot care, you would observe Mrs. Solis’ feet for small blisters, cracks in the skin, peeling of the skin between the toes or on the soles of the feet, ingrown toenails, and other problems. You would also report any red or tender areas to the nurse.

Being observant for changes in the feet of a person with diabetes is especially important because the circulation to the feet is likely to be poor, which puts the person at risk for infection and other complications.

**Activity F CHOOSE THE RIGHT ANSWER**

1.

2. X

3.

4. X

**Activity G REARRANGE IN THE RIGHT ORDER**

1. B

2. C

3. A

**Activity H TRUE OR FALSE**

1. F. If you are unsure about how to manage an intravenous (IV) line when assisting a person to dress or undress, you should NOT disconnect the IV line to avoid any accident during the process.

2. T

**Activity I SHORT ANSWER**

You would tactfully try to steer him toward also taking a sweater or jacket for the day’s activity.

**Activity J FILL IN THE BLANKS**

1. Dandruff is itching and flaking of the scalp.

2. Seborrheic dermatitis causes severe scaling of the scalp.

3. Tinea capitis is a fungal infection of the scalp.

4. Alopecia is baldness.

5. Pediculosis capitis, or head lice, is commonly transferred through person-to-person contact.

**Activity K SHORT ANSWER**

To wash Ms. Loyd’s hair, the nursing assistant would need to use a shampoo trough, as described in Procedure 23-5, Shampooing a Person’s Hair in Bed. A shampoo cap would be an alternative method of cleaning her hair.

**Activity L IDENTIFY THE STATEMENTS**

1. D Touching the hair of a person who has head lice

2. I \_ Touching bedding or clothing (such as a hat) used by an infected person

3. I\_ Using an infected person’s brush or comb

4. \_I Resting your head on a pillow or the back of an upholstered chair used by an infected person

**Activity M TRUE OR FALSE**

1. T

2. F. It IS necessary to ask a person’s permission before cutting their hair.

3. F. To remove tangles from the hair, use a wide-tooth comb and START AT THE ENDS AND WORK UP TOWARD THE SCALP.

**Activity N MULTIPLE CHOICE**

1. b. Dispose of it in a sharps container

**Activity O SHORT ANSWER**

The steps to be followed while shaving a person’s armpits are:

1. Complete the Getting Ready steps: perform hand hygiene, knock, identify the person, explain the procedure, provide privacy, and see to safety.

2. Perform hand hygiene and put on gloves.

3. Apply shaving gel, cream, etc.

4. Use a sharp safety razor or any razor with which the person is comfortable.

5. Shave in the direction of the growth.

6. Clean the area with warm water.

7. Remove gloves and perform hand hygiene.

8. Complete the Finishing Up steps: confirm comfort, leave the call light control within reach, see to safety, open the curtain and door, perform hand hygiene, report and record.

**Activity P REARRANGE IN THE RIGHT ORDER**

Chapter 18 - Answers to Student5

**Activity Q SHORT ANSWER**

You would help Robert apply makeup, because helping a person to continue with their normal personal grooming routine has an enormous impact on the person’s continued well-being.

**Activity R FIND THE WORDS IN THE GRID**

