# Answers to Questions in the Workbook, Chapter 7, Overview of Long-Term Care

**Activity A MULTIPLE CHOICE**

* 1. **c.** Around-the-clock nursing care and supervision
  2. **d.** A continuum care retirement community
  3. **a.** Assisted-living facility

**Activity B MULTIPLE CHOICE**

**1. c.** for-profit facility

**2. b.** Follows the same corporate policies and procedures

**Activity C MULTIPLE CHOICE**

**1. c.** Meet OBRA regulations

**2. a.** Centers for Medicare and Medicaid Services (CMS)

**3. b.** Continuing Care Retirement Communities (CCRCs)

**4. d.** Following facility policy

**Activity D FILL IN THE BLANKS**

**1.** Assisted-living facilities are regulated by the state.

**2.** Nursing homes must comply with state laws, in addition to federal laws.

**3.** To maintain licensure, long-term care facilities must undergo inspection.

**4.** Nursing homes that wish to participate in the Medicare and Medicaid programs must be certified.

**5.** Local agencies (such as city or county health departments) are responsible for ensuring that the facility is in compliance with any regulations that the local government has established for long-term care facilities.

**Activity E TRUE OR FALSE**

**1. T**

**2.** **F.** A benefit period begins when the person is hospitalized and ends when the person HAS NOT RECEIVED any skilled health care services, either in the hospital or nursing home, for 60 days.

**3.** **F.** Long-term care insurance, like Medicare, DOES NOT PAY for all costs associated with nursing home care.

**4.** **F.** Medicare DOES NOT cover any portion of assisted-living care.

**Activity F SHORT ANSWER**

For facilities, Medicaid causes a financial strain because Medicaid payments have not been able to keep up with the rising costs of care. As a result, it often costs the facility more to provide the services than the facility receives as payment in return. For states, Medicaid causes a financial strain as well. The state must accommodate Medicaid costs within its budget.

**Activity G TRUE OR FALSE**

**1. F.** From the mid-1800s until the Social Security Act was passed in 1935, many older, chronically ill, or disabled people lived in POORHOUSES.

**2. T**

**3. T**

**4. F.** During the 1960s and 1970s, the quality of care provided in many nursing homes was POOR.

**5. T**

**6. F.** In the late 1990s, less costly alternatives to the traditional nursing home began to emerge. One of these alternatives was the ASSISTED-LIVING facility.

**Activity H MULTIPLE CHOICE**

1. **c.** Limited assistance with certain tasks such as meals and housekeeping.
2. **b.** To meet a need in the community
3. **a.** Omnibus Budget Reconciliation Act
4. **b.** Sets standards for health care organizations
5. **d.** May have limited benefits