# Answers to Questions in the Workbook, Chapter 19, Bedmaking

**Activity A CHOOSE THE RIGHT ANSWER**

* + - 1. X
      2. X
      3. X

**Activity B FILL IN THE BLANKS**

1. A mattress pad is a thick layer of padding that is placed on the mattress to help make the bed more comfortable for the patient or resident, and to protect the mattress from moisture and soiling.

2. A bed is made with two sheets, a bottom sheet and a top sheet.

3. A draw sheet is a small, flat sheet that is placed over the middle of the bottom sheet, covering the area of the bed from above the person shoulders to below the buttocks.

4. A lift sheet is simply a draw sheet that is used to help lift or reposition a person who needs assistance with moving in bed.

5. A bed protector (or incontinence pad)is a square of quilted absorbent fabric backed with waterproof material that measures approximately 3 feet by 3 feet, to be used for people who are incontinent.

6. Blankets provided by a facility are usually woven cotton and should be available as requested by a person for their comfort.

* + - 1. A bedspread adds the finishing touch to a well-made bed and can add a decorative touch to a person’s room.
      2. Pillows are used for comfort and to aid in positioning. They are available in many sizes and made from a variety of materials. They are always covered with clean pillowcases.
      3. A bath blanket is a lightweight cotton blanket or flannel sheet that is used to provide modesty and warmth during a bed bath or a linen change.

**Activity C MULTIPLE CHOICE**

1. c. To help pull moisture away from the person’s skin

2. b. Flat

3. c. A padded waterproof draw sheet

4. b. By using a bed protector

5. d. A bedspread

6. c. A bath blanket

7. c. To help prevent skin breakdown in people who must stay in bed for long periods of time

8. d. A metal frame that is placed between the bottom and top sheets to keep the top sheet, the blanket, and the bedspread away from the person's feet

**Activity D IDENTIFY THE EQUIPMENT**

1. A bed cradle

2. A footboard

**Activity E SHORT ANSWER**

Randall is holding the clean linens close to his uniform. By holding the clean linens against his uniform, Randall could transfer microbes from his uniform to the linens that could be potentially harmful for Mr. Walker.

**Activity F MATCHING**

1. c

2. a

3. b

4. e

5. d

**Activity G REARRANGE IN THE RIGHT ORDER**\_\_\_3\_\_\_ A  
\_\_\_4\_\_\_ B  
\_\_\_2\_\_\_ C  
\_\_\_1\_\_\_ D

**Activity H FILL IN THE BLANKS**

1. Mr. Juarez has gone to visit his family for the day. While he’s gone, his bed should be a closed bed.

2. When the top sheet, blanket, and bedspread of a closed bed are turned back, or fanfolded, the closed bed becomes an open bed.

3. Mr. Ming will be returning to his hospital room on a stretcher following his surgery. His bed is prepared as a surgical bed.

**Activity I TRUE OR FALSE**

1. F. When preparing a surgical bed, the top sheet, blanket, and bedspread are folded toward the SIDE of the bed, clearing the way for the patient.

2. F. A surgical bed that is readied to receive a patient should be positioned at a height LEVEL with that of the stretcher on which the patient arrives.

3. F. A bed that is unoccupied because the patient or resident is simply not in it at the moment (and is not expected back any time soon) is considered a CLOSED bed.

4. F. A bed that is reserved for a patient or resident is called a CLOSED bed. Preparing the bed to receive the person is called making an OPEN bed.

5. T

**Activity J FIND THE WORDS IN THE GRID**

