# Answers to Questions in the Workbook, Chapter 17, The Patient or Resident Environment

**Activity A MULTIPLE CHOICE**

* 1. d. All of the above.
  2. c. An intensive care unit
  3. d. The soiled utility room

**Activity B SHORT ANSWER**

The picture shows units in two different facilities: a long-term care unit and a hospital unit. The main difference is that a long-term care unit may contain some of the resident’s own personal belongings, such as bedspreads or furniture. The main similarities are that both units are furnished with special safety features (such as handrails) in the bathrooms, and both units are equipped with a way of calling for help.

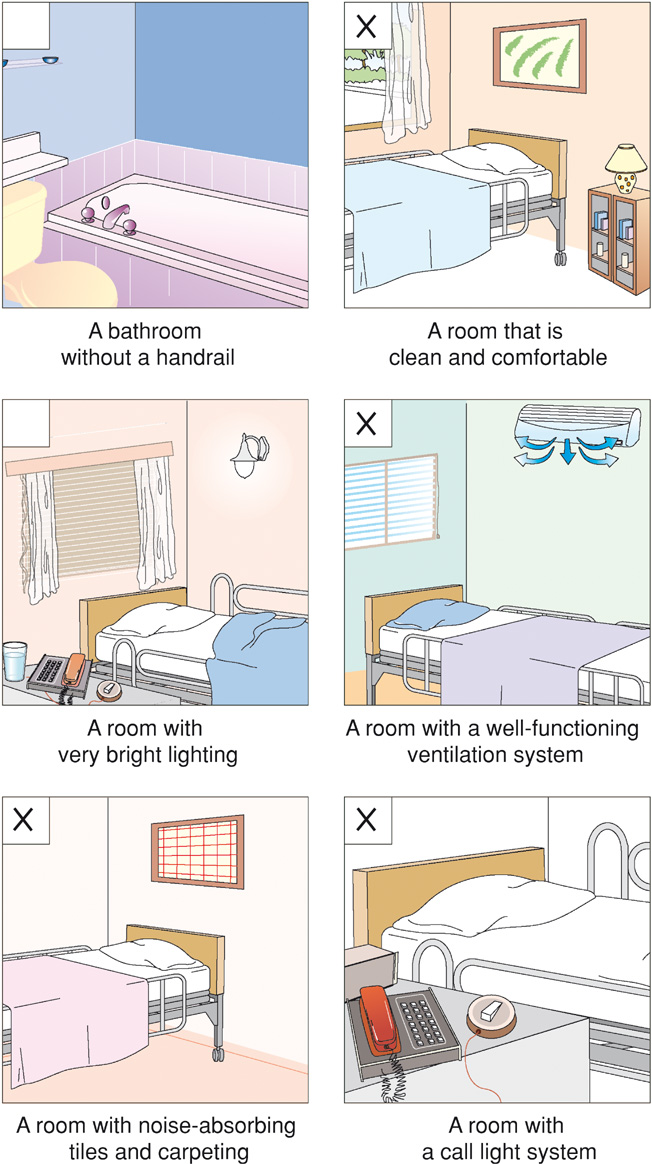
**Activity C MATCHING**

1. d

2. a

3. b

4. c

**Activity D CHOOSE THE RIGHT IMAGES**

**Activity E TRUE OR FALSE**

1. T

2. F. THE HOUSEKEEPING OR CUSTODIAL STAFF does major, routine cleaning of the facility.

3. F. A NURSING ASSISTANT is responsible for changing the bed linens according to facility policy.

4. T

5. F. If you notice something spilled on the floor or a countertop, you should WIPE IT UPimmediately.

6. T

7. F. If you notice that there is an ongoing problem, such as wastebaskets not being emptied or bathrooms not being cleaned properly, you should report this observation to the NURSE, so that THEY can follow up with the appropriate people.

8. F. Residents of long-term care facilities should be ENCOURAGED TO DISPLAY PERSONAL ITEMS TO MAKE THEIR ROOMS AS HOMELIKE AS POSSIBLE.

**Activity F SHORT ANSWER**

1. After smoking and before entering Mrs. Mariwell’s room to assist her with lunch, wash your hands and use a breath mint to rid your mouth and hands of the odor of smoke.

2.

a. Empty and clean emesis basin immediately after use.

b. Change the person’s linens and clothing and provide skin care after each episode of incontinence; keep the lid on the linen hamper tightly closed.

c. Use a facility-approved air freshener; clean the bedpan immediately.

d. Provide skin care after each episode of incontinence; keep the lid closed on the waste receptacle where the used briefs are deposited.

**Activity G FILL IN THE BLANKS**

1. These patients may be feeling cold. They may require an extra blanket or a sweater.

2. The bed and the chair are positioned poorly because they are in a drafty area.

3. Avoid placing furniture and wheelchairs right underneath a circulation vent.

**Activity H MULTIPLE CHOICE**

1. d. Plan for the warmer temperatures and dress accordingly

2. d. All of the above

3. a. Task lighting

**Activity I FILL IN THE BLANKS**

1. An adjustable bed

2. An overbed table

3. A bedside table

4. A call light system

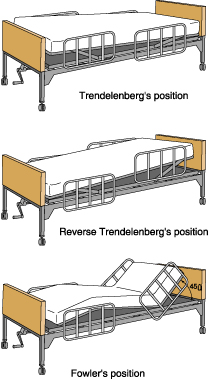
5. A privacy curtain

**Activity J SHORT ANSWER**

1. Adjustable beds have controls that allow the height of the bed or the position of the mattress to be adjusted. It is important to be able to raise and lower the bed for safety (raising the bed is used to facilitate good body mechanics for the nursing assistant, and lowering it is used to reduce the patient’s or resident’s risk of injury from falling). A person’s medical condition or a certain procedure may indicate that the mattress be positioned in a certain way. This is facilitated by the controls on the adjustable bed. The side rails on a bed are raised to help prevent a person from falling out of the bed. Some patients or residents may have one of the side rails raised, so that they can use it as an assistive device for repositioning. Wheels make the bed easier to move from place to place, which is sometimes necessary when a person needs to be moved from one part of the facility to another without leaving their bed. Wheels are also useful when it is necessary to move the bed to clean underneath it. It is important to always make sure that the bed’s wheels are locked, unless you are moving it. A person could be injured while getting into or out of the bed if the bed shifts out from underneath them. In addition, you may be injured if the bed suddenly shifts away from you while you are providing care to a patient or resident.

2. A “low bed” is useful for residents who may roll out of bed or get out of bed without calling for assistance. A resident with dementia may not remember to call for help and may fall out of the bed. Because the bed is so low to the floor, the risk for serious injury as a result of a fall from the bed can be minimized.

**Activity K FILL IN THE BLANKS**[[Comp: Please change “Trendelenburg's” to “Trendelenburg” and “Fowler’s” to “Fowler” in the figure.]]



**Activity L SHORT ANSWER**

1. A toilet seat in a color that contrasts with the bathroom floor and walls can help Mr. Alvarez identify the toilet more easily.

2. Mrs. Jenkins will need a bariatric bed and other equipment that are designed and constructed to meet the comfort and needs of a person with obesity.

**Activity M CROSSWORD**  
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