**Suggested Answers to Discussion Topics, Chapter 37, The Urinary System**

| Suggested Answers for Topics for Discussion | Learning Objectives |
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| 1a. Students’ responses should include the following:   * The prostate gland enlarges with age. * Mr. Johnson’s enlarged prostate is narrowing the urethra. * The narrowed urethra prevents complete emptying of the bladder. * Urine is retained in the bladder after voiding. * The bladder fills quickly and urine overflows. This is called overflow incontinence.   1b. Students’ responses should include the following:   * Report to the nurse this new onset of overflow incontinence. * Keep Mr. Johnson dry by providing them with incontinence garments. * Provide good perineal care. * Offer reassurance to help avoid embarrassment. | 3, 4,5 |
| 2a. Students’ responses should include the following:   * Complaints of burning or pain * Elevated temperature * Blood in the urine * Cloudy urine * Strong ammonia odor * Increasing confusion or agitation   2b. Students’ responses should include the following:   * If they are not on fluid restriction, make sure they drink plenty of liquids. * When doing perineal care, wash from front to back, clean to dirty. * Make sure the catheter tubing is coiled and secured on the bed linens. * Keep the urinary drainage bag below the level of Mercy’s bladder. * When emptying the drainage bag, be sure that the open emptying spout does not touch anything. * Provide catheter care according to facility routine. * Make sure urine is flowing freely through the tubing. * Report any complaints or abnormal observations immediately to the nurse. | 4, 5 |