**Suggested Answers to Discussion Topics, Chapter 19, Bedmaking**

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| Suggested Answers for Topics for Discussion | Learning Objective(s) |
| 1.a Students’ responses should include the following:   * Mattress pads (if used) provide soft padding and help pull moisture away from the skin. * Wrinkle-free sheets prevent skin irritation and breakdown. * Lift sheets make moving and repositioning easier for the patient or resident and prevent shearing and friction. * Bed protectors avoid the need for a complete change of linen. * Blankets are used to provide warmth. * Bedspreads add decorative touches and can provide a sense of individuality. * Pillows with pillowcases provide comfort and aid in positioning. * Bath blankets provide warmth and privacy during bed baths or linen changes. * Using pressure-relieving mattresses can prevent skin breakdown and pressure ulcers. * Bed cradles prevent linens from touching the person’s feet. This can prevent pain and pressure sores. * Footboards keep a person’s feet in proper alignment.   1b. Students’ responses should include the following:   * Bridget should have rolled the linens toward the center of the bed. She can leave them on top of the bed. * Remove her gloves and wash her hands. * Exit the room and get a laundry hamper. * Wash her hands and apply clean gloves. * Remove the dirty linens and place them in the hamper. * Remove her gloves, wash her hands, and continue to make the unoccupied bed. | 1, 2, 3, 4 |
| 2a. Students’ responses should include the following:   * Hands should be washed and clean linen brought to the room. * Appropriate disinfectant should be brought to the room. * Bridget should obtain and put on personal protective equipment including gown and gloves. * After rolling the linens up, they should immediately be placed in a leakproof container such as a plastic bag. * The mattress should be decontaminated according to disinfectant manufacturer’s directions. * Contaminated gloves as well as paper towels used to clean the mattress must be placed in a container marked with a biohazard waste emblem. * Hands must be washed. * A cloth gown must be removed and put into laundry hamper if dry, plastic bag if wet; a paper gown should be placed in the container with a biohazard waste emblem. * Hands must again be washed before handling clean linens.   2b. Students’ responses should include the following:   * Bridget will apply linens per facility policy. * The top sheet, blanket, and bedspread will be loosened at the foot of the bed and fanfolded toward the side away from the door. This will leave one side open to receive the person. * Bridget will make sure to lock the bed wheels. * She will raise the bed so that the stretcher will be level with the bed when the patient is brought back to her room. * She will ensure that there is a clear pathway into the room and move furniture away from the open side of the bed. | 3, 4, 5 |