**Suggested Answers to Discussion Topics, Chapter 13, Workplace Safety**

| Suggested Answers for Topics for Discussion | Learning Objective(s) |
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| 1a. Students’ responses should include the following:   * Needing to move a person who is larger and heavier than you can increase your risk of physical injury. * You do not know what the care plan says about how to transfer this patient from bed to chair. Does she use a lift? A gait belt? Does she need more than one person to transfer? * Being in too much of a hurry can increase your risk of falling.   1b. Students’ responses should include the following:   * Before transferring this patient you do not know, read the care plan to determine how she is to be transferred and how many persons are required. * Use good body mechanics that includes good posture (alignment), keeping your center of gravity close to the base of support (balance), and using your body weight to help movement (coordination). * Place your body as close as possible to the patient being moved. * Squat to lower your center of gravity when lifting. * Use the large, strong muscles of your hips, buttocks, and thighs. * Use assistive devices such as a gait belt. * Ask for assistance to help move a patient who is very heavy. * Do not rush. Move only as fast as you are safely able to. | 1, 2, 5, 6 |
| 2a. Students’ responses should include the following:   * Through required workplace training, Jessica knows about this chemical because she read the SDS that told her what the chemical is made from, and if exposures are dangerous. * The SDS would also tell her what to do if exposure occurs.   2b. Students’ responses should include the following:   * Jessica should follow the directions immediately for first aid as outlined in the SDS. * Jessica should remove the contaminated clothing from Mrs. Peepers immediately. * Jessica must know how to clean up the spilled chemical, and must do so as quickly as possible. * She must report this incident immediately to the nurse. * She must fill out a written incident report according to facility policy. | 7 |
| 3a. Students’ responses should include the following:   * R = remove * A = alarm * C = contain * E = extinguish and evacuate   3b. Students’ responses should include the following:   * P = pull the safety pin * A = aim the hose toward the base of the fire * S = squeeze the trigger * S = sweep the fire from right to left | 9, 10 |
| 4a. Students’ responses should include the following:   * Patients and families are generally experiencing increased stressors that may bring about aggressive behavior directed toward the health care worker. * Patients may be experiencing physical and emotional disorders that add to aggressive behavior. | 12 |