**Suggested Answers to Discussion Topics, Chapter 39, Caring for People With Rehabilitation Needs**

| Suggested Answers for Topics for Discussion | Learning Objective(s) |
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| 1a. Students’ responses should include the following:   * Chronic phase since they are stable, and the focus has shifted from medical stabilization and prevention of complications. * Focus is now on addressing their needs to regain/maintain their greatest physical and emotional function.   1b. Students’ responses should include the following:   * Physical therapy focuses on addressing their strength, endurance, coordination, balance, posture, and flexibility needs. * May include assistive devices to help them walk. * Speech therapy focuses on helping them correct their communication skills and problems with swallowing. * Both therapy plans are focused on getting them to function at their greatest potential.   1c. Students’ responses should include the following:   * Attitude and coping skills * Response of family/caregivers to disability * Age * The aging process increases the risk for falls, strokes, musculoskeletal, and bladder disorders * Physical and emotional health * The nursing assistant is a key member of the rehabilitation team * The nursing assistant provides encouragement and specific nursing care to the patient * The nursing assistant is the “eyes and ears” of the rehabilitation team * Refer to Guidelines Box 38-1 for more detailed responsibilities | 4, 6, 7 |
| 2a. Students’ responses should include the following:   * Holistic care focuses on the whole person, NOT just on the disabilities. * Spiritual, social, and emotional support are equally as important as physical care to the rehabilitation and restoration processes. * Keep asking yourself, “How would I feel if I were the patient?” * Report any indications that the individual is depressed or anxious immediately. | 9 |