**Suggested Answers to Discussion Topics, Chapter 8, The Long-Term Care Resident**

| Suggested Answers for Topics for Discussion | Learning Objective(s) |
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| 1a. Students’ responses should include the following:Understand that when a person comes to live in a long-term care facility, it is often a difficult adjustment for both the person and their family members.  * Being knowledgeable about the resident’s condition  Being knowledgeable about the circumstances that necessitated the move to the long-term care facilityKnowing your resident. Learn about their likes, dislikes, relationships, and interestsAllowing the resident to make choices about their careBeing sensitive to both resident and family needsBeing flexible!Being sensitive to the resident’s environmentAccommodating needs for privacyRespecting residents’ rights, as outlined in the Residents’ Rights portion of Omnibus Budget Reconciliation Act (OBRA)1b. Students’ responses should include the following:Being sensitive to both resident and family needs.Welcoming family members and including them in the resident’s care when appropriate.Understand that a decline in health or function for any one member of the family often disrupts expected roles and relationships for all of the family.As a nursing assistant, it is your responsibility to care for the resident as well as the family. | 5, 6 |
| 2. Students’ responses should include the following:The nursing assistant should be understanding as it may be hard for the primary caregiver to trust other people with providing care for their loved one.Include the spouse’s input and help them feel included and involved in the ongoing care of their loved one.Help make the transition easier by ensuring the couples have privacy during their visit. | 6 |
| 3. Students’ responses should include the following:Resident may express anger related to the move.Respect the resident’s need for autonomy.The resident may need special accommodations related to:the opportunity to socialize with peers.engage in age-appropriate activities.connect with the world outside of the facility. | 6, 7 |