# **Suggested Answers to Discussion Topics, Chapter 45, Caring for Pediatric Patients**

| Suggested Answers for Topics for Discussion | Learning Objective(s) |
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| 1a. Students’ responses should include the following:   * Joey is in the toddler stage of development. * Check the care plan or with the caregiver to find out how much help they need with eating, toileting, and dressing. * Find out the words they use for elimination processes. * Offer realistic choices by limiting them to actual possibilities. * Find out their food and drink preferences. * Provide them with finger foods. * Provide milk and a variety of juices. * Have food available frequently during the day. * If their fluid intake is low, offer Popsicles, ice cream, or gelatin. * Treat potty accidents matter-of-factly, recognizing Joey might regress to an earlier stage of development due to stress. * Allow them to remain as independent as possible. * Provide quiet time and comfort measures to help them fall asleep.   1b. Students’ responses should include the following:   * Joey is at risk for falling out of bed and may need to have a crib with side rails and a cover. * Their intravenous catheter needs to be protected, and may require some form of restraint. * If a restraint is necessary, check them at least every 10 minutes. * Provide distracting activities and toys. * Have someone stay with them at all times. * Observe them at all times to prevent accidents, as they are mobile and curious. * Toddlers do not recognize danger or risk, and love to wander and explore. Make sure all doors, cabinets, and drawers have safety locks. * Maintain asepsis and observe them for signs and symptoms of infection in his wound. | 1, 2, 3, 4 |
| 2a. Students’ responses should include the following:   * Their father is stressed by the injury and being out of work. * Their parents are very young and may lack knowledge and understanding of normal behaviors and development of children. * Their family has no extended family or social support available. * Toddlers are very active and difficult to care for because they are energetic, mobile, curious, and lack awareness of danger or risk.   2b. Students’ responses should include the following:   * Recognize your own feelings of anger or disgust. * If you find your emotions may affect your ability to provide care, speak to your supervisor and ask to be reassigned. * Try to empathize with the parents and their situation, as well as with Georgina. * Recognize that even though Georgina may have been abused, they still need their parents. * Remember not to be judgmental. * Try to understand that the family is sick and needs help. * Make it your priority to meet Georgina’s physical and emotional needs as best you can. | 3, 5 |