**Suggested Answers to Discussion Topics, Chapter 16, Basic First Aid and Emergency Care**

| Suggested Answers for Topics for Discussion | Learning Objective(s) |
| --- | --- |
| 1a. Students’ responses should include the following:   * You suspect that Uncle Joe is having a heart attack or MI. * He may have heart disease and does not know it. * He may have overexerted himself while playing with his grandchildren.   1b. Students’ responses should include the following:   * Have Uncle Joe lie down. * Raise his head to help him breathe easier. * Call out for someone to call and activate the EMS system. * Be prepared to begin Basic Life Support if he goes into cardiac arrest. * Offer reassurance that help is on the way. | 1, 2, 3 |
| 2a. Students’ responses should include the following:   * Shirley is having a grand mal seizure. * Call the nurse! * You must help her gently to the floor and protect her head from injury. * Loosen the clothing around her neck. * Move furniture or other objects that might cause injury out of the way. * Protect Shirley’s head on a folded towel or your lap.   2b. Students’ responses should include the following:   * Turn Shirley onto her side (the recovery position) to keep her from aspirating and to keep the airway open. * Keep her warm and quiet, allowing her to rest undisturbed. * Report and record this seizure according to your facility policy. * Reassure her as consciousness returns. | 1, 2, 6 |
| 3a. Students’ responses should include the following:   * In an emergency situation where a person is hemorrhaging, call for help and make sure the person is lying down. * Apply direct pressure to the point on his wrist where the blood is spurting. * Remember to follow Standard Precautions when the possibility of being exposed to blood exists.   3b. Students’ response should include the following:   * His bleeding can result in hemorrhagic shock. | 1, 7, 8 |
| 4a. Students’ response should include the following:   * She has aspirated and is choking as a result of a complete airway obstruction.   4b. Students’ response should include the following:   * Perform abdominal or chest thrusts to dislodge the obstruction. | 1, 2, 9 |