**Suggested Answers to Assignments, Chapter 6, Those We Care For**

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| Written Assignments | Learning Objective(s) |
| Assignment #1. Students will complete Chapter 6 of *Lippincott Workbook for Nursing Assistants.* | 1–9 |
| Assignment #2. Students’ responses could include:   * Physiologic needs * Feeding provides nourishment and fluids * Toileting helps with the elimination of needs * Promoting activity provides exercise * Assisting with sleep aids in getting adequate rest * Safety and security needs * Using good handwashing techniques to prevent the spread of infection * Using a gait belt to keep someone from falling during transfers or ambulation * Locking wheels on beds and wheelchairs prevent falls * Explaining what is being done, and answering questions reduce anxiety * Love and belonging needs * Offering a smile, a kind word, or gentle touch shows you care * Self-esteem needs * Providing for privacy prevents feeling exposed * Assisting with basic grooming boosts self-image * Allowing persons to wear their own clothing provides a feeling of being in control * Self-actualization needs * Helping to set small, realistic goals to achieve a positive outcome | 5 |

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| Group Assignments | Learning Objective(s) |
| Assignment #1. Samples of conditions or illnesses might include:   * Acute illnesses or conditions * Pneumonia * Appendicitis * Broken bone * Labor and delivery * Stroke * Heart attack * Chronic illnesses or conditions * Diabetes * Asthma * Arthritis * Hypertension * Kidney failure * Multiple sclerosis * Coronary heart disease * Parkinson’s disease * Terminal illnesses * Some types of cancer * End-stage emphysema * Some heart conditions | 2 |
| Assignment #2. Cultures to suggest to students:   * Native American * African-American * Hispanic * Southeast Asian * Islamic * Amish | 7 |
| Assignment #3. Students’ responses could include:   * 5 to 12 years: Need for approval * 12 to 20 years: Self-consciousness * 20 to 40 years: Interruption of education, career, caring for family * 40 to 65 years: Chronic illness, caring for aging parents * 65 to 75 years: Fixed income * 75 years and beyond: Failing health and death | 4 |
| Assignment #4. Students’ discussion should include:   * Homosexuality * Bisexuality * Transsexuality * Transvestitism * Masturbation * Sex and the elderly | 6 |

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| Clinical Assignment | Learning Objective(s) |
| Assignment #1. Students’ observations could include:   * Affection shown * Criticism of care given * Questioning care being provided * Number of visits * Participation in care * Suggestions about resident’s or patient’s preferences   Nursing assistants’ responses to family actions and concerns could include:   * Allow family members to participate in care * Listen to the family members’ suggestions and preferences * Do not take criticism personally | 8, 9 |

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| Web Assignment | Learning Objective(s) |
| Assignment #1. Enter “culture and health care practices” to find web sites such as:   * <https://www.euromedinfo.eu/how-culture-influences-health-beliefs.html/> * <https://www.hrsa.gov/cultural-competence/index.html> * <https://www.in.gov/isdh/files/RELIGION_AND_MEDICINE_ISDH_Final.pdf> * <http://www.virtualhospice.ca/Assets/cultural%20traditions%20and%20healthcare%20beliefs%20of%20older%20adults_20090429151038.pdf> | 7 |