**Suggested Answers to Assignments, Chapter 19, Bedmaking**

| **Written Assignment** | **Learning Objectives** |
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| Students complete Chapter 19 of *Lippincott Workbook for Nursing Assistants.* | 1–5 |

| **Group Assignments** | **Learning Objective(s)** |
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| Assignment #1.  Students’ responses may include:   * Surgery * Certain illnesses * Injuries * Pregnancy problems * Paralysis   Feelings could include:   * Dependent * Exposed * Embarrassed * Helpless | 5 |
| Assignment #2. Students’ responses should include:   * Do not shake linens when placing them on the bed   + Dust is a transport mechanism for microbes. Shaking linens stirs up dust from the floor, which lands on surfaces and can easily be transferred onto eating utensils or into a wound, causing an infection. * Always wash your hands before collecting clean linen   + Prevents microbes on your hands from being transferred to the clean linens. * Place clean linens on a clean surface in the room   + Clean linens can become contaminated with microbes if placed on a dirty surface. * Wear gloves when removing linens from a bed   + Any item contaminated with blood or other body substances is a potential source of exposure to pathogens for the health care worker. * Roll linens toward center of bed   + Confining soiled areas to inside of linens helps prevent laundry workers coming into contact with potentially infectious material. * Wipe body fluid or substance leakage on mattress or bed frame with an appropriate cleaning solution   + Prevents clean sheets from being contaminated. * Place dirty linens in hamper immediately   + Helps control spread of infection. | 3, 4 |

| **Clinical Assignments** | **Learning Objectives** |
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| Assignment #1. Students watch Module 5 of *Lippincott Video Series for Nursing Assistants.* | 1–5 |
| Assignment #2. After students observe demonstration, assist them to practice:   * Making an unoccupied bed using various types of linens, stressing the use of proper body mechanics and details of smooth, wrinkle-free linens * Making an occupied bed using various types of linens, stressing the importance of talking with the patient or resident, safety, proper body mechanics, and infection control measures | 3, 4, 5 |
| Assignment #3. Guide the students to discuss their observations of clinical site nursing assistants making beds. Ask them whether or not linen handling and bedmaking guidelines were followed. Stress the importance of doing skills as they are being taught. Discussion should include the topics of peer pressure, and taking shortcuts to save time. | 1–5 |