**Suggested Answers to Assignments, Chapter 23, Grooming**

| Written Assignments | Learning Objective(s) |
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| Assignment #1. Students complete Chapter 23 of *Lippincott Workbook for Nursing Assistants.* | 1–10 |
| Assignment #2. Students’ essay responses should include:   * Rituals such as brushing teeth first * Grooming habits such as curling the hair * What is considered essential to their grooming activities such as an eyelash curler, and why. | 1–10 |

| Group Assignments | Learning Objective(s) |
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| Assignment #1. Demonstrate and observe students practice the procedures in Chapter 23 using the procedure check-off lists in *Lippincott Workbook for Nursing Assistants.* | 4, 5, 6, 7, 9, 10 |
| Assignment #2. Both groups of students should have identical observations listed that include:   * Pale, blue, or bruised nail beds * Unusually yellow or white nails * Broken nails or nails cut too short * Bleeding or tenderness of the nails * Ingrown nails * Torn, red, or swollen cuticles * Blistered, red, or tender skin * Unusual rashes or odors | 2, 4 |

| Clinical Assignments | Learning Objective(s) |
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| Assignment #1. Students will view Module 8 of *Lippincott Video Series for Nursing Assistants.* | 1–10 |
| Assignment #2. Suggested topics for the speaker:   * Shampooing hair * Haircuts, male and female * Permanents * Setting hair and styling hair * Other services that may be offered * How services are paid for * What the stylist experiences as beneficial to the resident and to himself or herself | 6-10 |
| Assignment #3. Suggested topics for the podiatrist:   * Cutting thick and hard to trim toenails * Toenails, aging and circulatory effects * Caring for the feet and toenails of diabetics and those with circulatory problems * The role of the nursing assistant in caring for the feet and observing for problems | 2–4 |
| Assignment #4. Observe students’ practice and performance of grooming procedures in the clinical area. Observe students’ documentation. | 4, 5, 9 |

| Web Assignment | Learning Objective(s) |
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| Assignment #1. Students can enter “diabetes and foot care” to find web sites such as  <https://www.everydayhealth.com/foot-health-pictures/11-tips-for-good-diabetes-foot-care.aspx>  https://diabetes.org/healthy-living/seniors/foot-care-tips | 3 |