**Suggested Answers to Assignments, Chapter 44, Caring for Birthing Parents and Newborns**

| Written Assignments | Learning Objectives |
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| Assignment #1. Students will complete Chapter 44 of *Lippincott Workbook for Nursing Assistants.* | 1–12 |
| Assignment #2. Students’ written interviews should include each birthing parent’s experience giving birth and caring for the newborn after discharge. Differences and similarities should be included. | 1, 3, 5, 8–11 |

| Group Assignment | Learning Objectives |
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| Assignment #1. Bring several lifelike dolls for the students to practice bathing and diapering. Assist students in the discussion of caring for the umbilical cord and the circumcised penis. Include the following:   * Do not give complete bath to newborns until the umbilical stump has dried and fallen off. * Do not give a complete bath to circumcised newborns until the circumcised penis has healed. * Fold the front of the diaper down to avoid covering the umbilical stump. * If the stump or surrounding area is red, bleeding, or has any drainage, tell the nurse. * Keep the circumcised penis clean and dry. * Apply a petrolatum dressing as directed. * If you notice bleeding, drainage, or odor from the penis when you are changing the baby’s diaper, tell the nurse. | 8–11 |

| Clinical Assignments | Learning Objective |
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| Assignment #1. Students will review the observations that should be reported to the nurse immediately when caring for a person who has just given birth.   * There is an increased amount of vaginal bleeding. * There is a change in the vital signs. * The person complains of dizziness or excessive thirst. * The person has trouble breathing or complains of pain in the chest. * A person who has had an epidural block complains of increased numbness in their legs and pelvic region or a headache. * The person is having trouble urinating or is unable to urinate. | 7 |
| Assignment #2. Students will review with you how they will assist a birthing parent with breastfeeding. They should include:   * Assist them to a comfortable position * Cleanse the nipple of the breast with warm water * Have the parent stroke the baby’s cheek with the nipple * Remind the parent to place all of the nipple into the baby’s mouth * After feeding, have parent allow their nipples to air-dry | 6 |

| Web Assignments | Learning Objective |
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| Assignment #1. Students can enter “preventing newborn abductions” to find such web sites as:  <http://www.missingkids.com/InfantAbduction>  Students will present their findings to the class for discussion. | 8 |
| Assignment #2. Students can enter “Sudden Infant Death Syndrome” to find such web sites as:  <http://www.nlm.nih.gov/medlineplus/ency/article/001566.htm>  Students will present their findings to the class for discussion. | 8 |