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Syllabus

OBRA requires 75 hours minimum for training.

The State of California requires 60 Hours of theory and 100 Clinical Hours, giving you a total of 160 Hours

Course Number- S-

Course Title: Nursing Assistant

Semester Credits/Credit Hours: OBRA Federal regulation (Sec. 483.152) requires a minimum of 75 clock hours of training. *(This syllabus will be appropriate for a basic nursing assistant course of 60 theory and 100 hours of clinical for a total of 160 hours in length.)

Lecture Hours: 60 hours

Clinical Practicum Hours: OBRA Federal regulation requires a minimum of 16 hours of supervised practical training

Faculty Name(s):

Dr. Irene Ssebagereka

Dr. Grace Senoga

Deedee Som

Faculty Contact Information

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Prerequisites/Corequisites:

List the prerequisites.

1. You must be at least 16 years
2. High school diploma or GED or take our assessment test and pass with an 8th grade level.

Course Description:

This course of study provides instruction on utilizing a humanistic approach to provide basic care to people in a variety of health care settings. Students will understand how health care systems operate and will learn the skills necessary to function safely and efficiently in a health care setting. Students will learn the information and practical skills necessary for taking and passing the certification examination required by the state.

Course Objectives: Upon completion of this course, students will be able to:

1. Understand the role and responsibility required of a nursing assistant working in a health care setting.
2. Perform basic and personal care skills according to the individual needs of the patients, residents, and clients in the health care setting.
3. Describe different long-term care settings and the special needs of residents who live in long-term care facilities.
4. Develop a basic understanding of body structure and function so that abnormal changes can be easily observed and reported.
5. Discuss how knowledge of the stages of growth and development helps plan holistic care and recognize each person's individual needs.

Required Titles:

- Carter, P. J. (2019). Lippincott textbook for nursing assistants: A humanistic approach to caregiving (6th ed.). Wolters Kluwer.



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- Carter, P. J. (2019). Workbook to accompany Lippincott textbook for nursing assistants (6th ed.). Wolters Kluwer.

Recommended Titles:

- Lippincott Video Series for Nursing Assistants, 2nd edition
- Carter, Pamela J. Lippincott Acute Care Skills for Advanced Nursing Assistants (e-book).

Course Policies

Attendance Policy:

This is an online theory class and in person clinical sessions. Students will complete the theory sessions as assigned and will be allowed to miss one (1) clinical class without penalty. Late assignments or making up missed work or labs will be accepted with prior approval from the instructor. Each student will complete 160 Hours of both Theory (60) and Clinical (100) together.

Student Evaluation/Grading Policies:

The Passing grade is 80%. Each student will pass the class with an average grade of 80%.

Examination Policy:

We will have 5 tests of which you have to pass with 80 % or above. These will include test 1, test 2, test 3, Abbreviation test and final test. We will have random quizzes, and You will be required to work on your workbook for the assigned chapters.

Expectations of Students:

Theory classes will be online and clinicals will be in person. The site will be announced at the beginning of school. You will be required to buy a blood pressure cuff, secondhand watch, non-skid shoes and red scrubs. Google meet/ zoom link will be posted for students who have questions that need clarification. A remind-app and google classroom will be used for posting messages to the instructor. Use Phone # 530-301-2582 or support@Hi-poweracademy.com email as needed.



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Assignments/Presentations:

There will be a major project assignment where each student will be assigned a body system to discuss in class. The discussion should be free from plagiarisms and will be a PowerPoint of not more than 10 slides total (Due date to be announced when school starts)

Course Schedule

Topic(s)/Instructional Unit Reading Assignments/Chapter No.

1: Introduction to Health Care

1. The Health Care System
2. The Nursing Assistant
3. Professionalism and Job-Seeking Skills
4. Legal and Ethical Issues
5. Communication Skills
6. Those We Care For * Video Module 15

2: Long-Term Care

7. Overview of Long-Term Care
8. The Long-Term Care Resident
9. Caring for People with Dementia

Appendix B. Introduction to the Language of Health Care *Video Module 1

3: Infection Control

10. Communicable Disease
11. Common Communicable Diseases and Transmission in the Health Care Setting



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12. Infection Control Measures *Video Module 2

Lab/skills practice for infection control

4: Safety

13. Workplace Safety

14. Patient Safety and Restraint Alternatives

15. Positioning, Lifting, and Transferring Patients and Residents

16. Basic First Aid and Emergency Care *Video Module 12

Lab/skills practice for safety

***OBRA requires at least 16 hours of training in the above listed areas prior to any direct contact with a resident**

5: Basic Patient and Resident Care

17. The Patient or Resident Environment

18. Admissions, Transfers, and Discharges

19. Bedmaking

20. Vital Signs, Height, and Weight

21. Comfort and Rest

22. Cleanliness and Hygiene

23. Grooming

24. Basic Nutrition

Topic(s)/Instructional Unit Reading Assignments/Chapter No. 25. Assisting With Urinary and Bowel Elimination *Video Module 5

Basic Personal Care Skills



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Lab/skills practice for

bedmaking

Lab/skills practice for elimination

6: Death and Dying

26. Caring for People Who Are Terminally Ill

27. Caring for People Who Are Dying *Video Module 14

Clinical Practicum for Long-Term Care

7: Structure and Function of the Human Body

28. Basic Body Structure and Function

29. The Integumentary System

30. The Musculoskeletal System

31. The Respiratory System

32. The Cardiovascular System

33. The Nervous System

34. The Sensory System

35. The Endocrine System

36. The Digestive System

37. The Urinary System topics

38. The Reproductive System

**May be taught as an entire unit with Chapters 28 to 38 at this time, or related may be taught along with personal care chapters



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Lab/skills practice for mobility and exercise



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8: Special Care Concerns

39. Caring for People with Rehabilitation Needs

40. Caring for People with Developmental Disabilities 41. Caring for People with Mental Illness

42. Caring for People with Cancer

Clinical Practicum

Certification Examination